CORONAVIRUS & STIGMA

CORONAVIRUS DOESN’T RECOGNIZE RACE, NATIONALITY, OR ETHNICITY.
2019 novel coronavirus started in Wuhan, China. That’s just geography. Having Chinese ancestry-- or any other ancestry -- does not make a person more vulnerable to this illness.

WEARING A MASK DOES NOT MEAN A PERSON IS ILL.
People wear masks for a variety of reasons, including to avoid pollen and air pollution and for cultural and social reasons. We should not judge someone for wearing a mask or assume they are sick.

YOU CAN INTERRUPT STIGMA. START BY SHARING ACCURATE INFORMATION.
Avoid spreading misinformation. Stay informed through reputable, trusted sources:
Centers for Disease Control and Prevention
Oregon Health Authority
Multnomah County

SPEAK UP IF YOU HEAR, SEE, OR READ MISINFORMATION OR HARASSMENT.
Any discrimination incident that may be motivated by another person’s race, color, disability, religion, national origin, sexual orientation or gender identity is considered a hate or bias incident. We urge you to call 1-844-924-2427 so the Oregon Department of Justice can track the incident. For emergency assistance, dial 911.

SHOW COMPASSION AND SUPPORT FOR THOSE MOST CLOSELY IMPACTED.
In schools and workplaces, create learning opportunities for students and staff that dispel racist and misinformed ideas. Listen to, acknowledge and, with permission, share the stories of people experiencing stigma, along with a message that bigotry is not acceptable in your community.

(Content adapted from King County Public Health.)